

InProcess Newsletter

Process Work Institute

Winter 2012

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Greetings!

Welcome to the Winter 2012 Newsletter.

2011 was a year of great change for PWI. Two of our well-loved community members and PWI leaders, Stephen Schuitevoerder and Julie Diamond, resigned from their posts at PWI. We wish each of them well on their new paths and will be forever grateful for their vision, determination, guidance and accomplishments over the years.



As many of you already know, we have a new CEO, Cindy Trawinski, Psy.D., Dipl. PW. We welcome Cindy to PWI and look forward to working with her in the years to come. Read more about her below.

The PWI building remodel was also completed in 2011 and we are happily adjusting to our new and improved space. Many hands played a part in this expansion lead by Jan Dworkin, Sonja Straub, and Stephen Schuitevoerder. Thank you all for your creativity and attention to details. We got a wonderful new room for the classes, an expanded office space and the reception area provides a professional welcome to those new to PWI.

All in all, 2011 was a fantastic year and we look forward to a wonderful 2012!

InProcess Newsletter

The InProcess Newsletter is published three times a year: Fall, Winter, and Spring. If you have news from your neck of the woods and want to share it, or know someone who's doing something interesting with Process Work, let us know. Spring Submission deadline is March 1st, 2012.

To contribute to the InProcess Newsletter, please send your submissions, photos, etc, to Jim Stillwell at pwi@processwork.org.

Support PWI

Become a member of Process Work Institute and help make deep democracy and awareness part of the global conversation. Members receive a 10% discount on all classes at PWI. To become a member please contact the Process Work Institute office at 503-223-8188 or pwi@processwork.org.

Stay In Touch

Are you interested in staying in touch with Process Work Institute activities on a regular basis? Sign up to join our bulletin board e-mail string: <http://groups.yahoo.com/group/pwi-bulletinboard/> to receive information about upcoming classes and other announcements.

News, Notes & Blurbs

What's going on in the PW community!?!

[Follow us on Facebook!](#) [Process Work Institute](#) | [Promote Your Page Too](#)



How the UNIVERSE helps solve PERSONAL +GLOBAL issues

KEYS TO LIFE:

DEEP DEMOCRACY SOLUTIONS

to Health, Money, Ecology and War

3 Day Seminar with Amy and Arny Mindell
Yachats Oregon, USA
February 24th, 2012 - February 26th, 2012

Common solutions to Body Problems, as well as World Financial, Environmental and Social Conflicts?

Yes! New innerwork based upon the nature of SPACE, can create on-the-spot local inner +global teamwork solutions. Until now, our human race has not seemed gifted at teamwork. Temporarily of course, catastrophes pull us together. However, before catastrophes occur, we need realistic unified, methods for personal +world problems. Why? Otherwise some feel personal problems are so intense, they have no time for the world.

In this seminar, we show how solutions to personal problems can also be ecologically helpful. We stress what we call, "the 2nd TRAINING", that is, eldership development based upon both realistic and shamanistic skills. The 2nd training, together with a new process oriented ecology help leaders sense and tap into universal relationship fields to find concrete personal and political answers for many issues.

[Click here to register and learn more about the seminar](#)
[Questions? Please email Dr. Jai Tomlin](#)

MACF program

Master's of Arts program in Conflict Facilitation and Organizational Change (MACF) starting February 28th, 2012!

There is still time to get your applicaitonin for the
[Click here to learn more about the application process.](#)

Winter Intensive Welcome Party

Saturday, January 28th, 2012

8pm-10pm, in the PWI Big Room
The Process Work Institute would like to invite you
to attend the 2012 Intensive Welcome Party.
This year's Intensive welcomes 34 participants
from 17 countries!
We are excited to be hosting this dynamic group.
Please join us in celebrating the 2012 Winter Intensive!

NEW CEO AT PWI: Cindy Trawinski, Psy.D., Dipl. MAPW

Hello PWI Community!

I'm here! That is, I am in Portland and getting my feet wet in my new role as CEO of PWI. It feels like a bit of an accomplishment just getting here. My move out west from my family and home in Chicago was a bit different than I expected (my things not arriving on time, my cell phone stolen and other major and minor SNAFUs). Bu, overall, I am adjusting to my new surroundings, getting around and starting to learn more about all the things that go on at the Institute.

WINDY CITY ROOTS

I wanted to take a minute, to say hello and tell you a bit about myself, for those of you who don't know me well. I will start by saying that I was born in and lived in Chicago all my life til now. As a child, I loved to be outdoors -- climbing trees, playing hide'n'seek or baseball, building forts and re-enacting all kinds of dramas. Nothing seemed better than sleeping in the backyard in the summer or hiking into the nearby woods to explore or picnic. The day always seemed too short and the call to dinner or bedtime often came too soon.

My high school years were full of opportunities to learn more about how interesting the world could be and how industrious I could be. As I got older, I became interested in education, the visual arts, travel, canoeing and rock climbing. Eventually, I completed my undergraduate studies and a Psy.D. in Clinical Psychology --all in the windy city.

TWISTS & TURNS

My career path has been a wiggly line forward through lots of different interests, trainings and opportunities including: owning a commercial and residential painting company, freelancing as a graphic designer, having a private psychotherapy practice and being the director of marketing for a privately held company in the beauty industry! In my latest post, as CEO of PWI, I continue on a path marked by unexpected opportunities -- many of which require that I train myself for a new role, discipline or industry I previously knew little about.

Over time, I have discovered that I love multi-dimensional responsibilities, brain-storming with others, opportunities for learning and building the ideas that marketing small businesses require. As a member of a team, I often can see what needs to be done or how to approach problems and projects. I have a creative streak and love developing ideas -- visualizing, designing and bringing new things to life. I also like to work methodically and thoroughly - and I have developed an ability to work under pressure and to meet deadlines when I do not have the luxury of time.

MY INTRO TO PROCESS WORK

I first attended a process work seminar about 12 years ago. My experience that weekend revealed less known but recognizable parts of myself. It left me elated, bemused and curious to learn more about the people and ideas behind what I saw, heard and felt. The light-hearted, warm and welcoming atmosphere of the seminar and the openness of the presenters were unexpectedly refreshing. The mysterious sequence of steps in the exercises connecting me to deeply felt, familiar, but somehow forgotten experiences and tendencies puzzled me. The contagious good humor of the weekend whet my appetite to learn more and to be more...of me.

I was drawn to study process work philosophy, theory and methods. Its reliance on experiential confirmation fits with my own penchant for following my heart. Its capacity to embrace seemingly divergent positions and irrational energies mirrors my own endeavor to integrate and support the

complexities of my own inner life and relationships. The practice of deep respect and value for all parts reminds me of what is possible for our world. And process work-like ideas, ideals and sensitivities feel familiar - as if they have been a part of my life for a long time.

COMING TO PORTLAND

In 2007, I joined Cohort 1 in the newly formed MAPW Program. The diplomate training was a rich and rewarding experience that inspired me, taught me to hear the call to eldership, deepened my inner and outer relationships and re-connected me to myself as a psychotherapist and psychologist. My appreciation for Process Work and vision for the contribution it can make to mainstream psychology and other disciplines has also grown over that time.

Some of you know my long-time partner, Rami Henrich, who was also in Cohort 1. She has supported my acceptance of the position at PWI and my move to Portland with love and optimism, even though it means being away from her and the life we have in Chicago. I am lucky we have an adventurous family that includes her husband and 2 grown children and I am so grateful to each of them for their willingness to embrace me as I embark on this new chapter. Living far from those I love, I appreciate all that I have been blessed to share.

Along my way in life, I notice I continue to be drawn to my early interests: a love and focus on physical activity and body experiences; my attention to and observation of human experience, motive and perception; the delight in being in and with trees, leaves and water; and the pleasure of learning and making things. I know now that all are ways that I relate to the dreaming, ways that I learn about me, others and the world.

NOW & NEXT

As 2012 begins, I can see I have much to learn and many challenges ahead of me. I have been busy in the office each day, working with Jim, Annie and Jeremiah, learning the nuts and bolts of how things get done and what still needs to be done. The accreditation process is well underway (thanks to many people who toiled mightily to create and update the application packet) and we expect to know more about the outcome this spring. In the meantime, Jan and Dawn have been putting final touches on some changes to the MA programs to come into compliance with DETC accreditation standards and I have been getting acquainted with those changes. Faculty training on how to use the new Sakai Learning Management System is getting started too. Many people have stopped by to welcome me and I am starting to unpack and put my office together. And it is only Day 9!

ACKNOWLEDGEMENT

Finally, I want to acknowledge Stephen Schuitevoerder as the outgoing CEO. During his tenure at PWI, he shepherded in many changes and accomplishments that have set PWI on a new course forward. The Institute is in a great position to move into the future. It has financial stability, an exceptional and accomplished faculty, two truly remarkable academic programs that draw a diverse student body from around the world, a supportive and diverse community, and it has momentum! All of that rests on top of a truly distinctive, organizational competency -the ability to welcome, include and value the many contributions and perspectives that the organization encounters both inside and outside the Institute, as we each bring process work into our daily lives.

Thank you Stephen for your vision, determination and leadership. You have given much to make PWI strong, viable and relevant. I feel fortunate to be taking the reins at this moment and hope that I can do my part to carry the ball a bit farther down the field.

Anyway, I think I have said enough for now. I really look forward to meeting many of you personally, for the first time -- getting to know the extended community -- faculty, students from near and far, cohorts, and even our neighbors on Hoyt, 21st and beyond. Please stop by and say hello sometime.

Cindy Trawinski, Psy.D., Dipl. PW, is the Chief Executive Officer at the Process Work Institute in Portland, OR.

Hospice Workers Follow the Dreaming in Death Process

On January 10, 2012, Ingrid Rose gave a presentation to a group of volunteers from Signature Hospice, a local Portland hospice organization. Ingrid focused on developing tools and techniques for the volunteers to utilize in two areas:

- dreaming experiences in near death states
- hands on, practical ways of joining with and relating to patients

Here is a short interview with Ingrid about the event hosted at PWI.

[How did you first connect with Signature Hospice?](#)

I have known the coordinator of Signature Hospice for many years. She was first introduced to process work by a friend who brought her to a couple of classes at PWI. Subsequently, I reached out to her about doing some training for her volunteers. Although she has not pursued process work further, she finds it provides something invaluable to volunteers working with hospice patients.

[Hospice workers seem to have a natural affinity for process work, can you comment on that?](#)

People who work with others near death develop deep insight into worlds of experience outside of consensus reality (or known experiences). Process work appeals to them for this reason. It also provides practical tools for connecting with people in other states of consciousness. No other paradigm offers anything like that for this field of work.

[What was the focus of the evening?](#)

Training for volunteers in making connections with patients and joining them in their experience.

[Can you share any observations from the event?](#)

Participants were very taken by the approaches that process work offers in this arena. One or two out of the group showed additional interest in process work and I referred them to our website, printed material, and gave them my name as a contact. Sharon Fennell, MAPW2 student, attended the evening and said "There is a natural affinity with process work for those doing this work. They really responded to Ingrid and being given "permission", in a sense, to relate to the secondary process that they already experience in working with near death states of consciousness."

[Any future plans to connect with signature hospice?](#)

The coordinator and I are planning another evening training on working with clients with dementia.

[Sounds like a great fit for institute students looking for experience with people in near death states.](#)

Signature Hospice provides an opportunity for PWI students, as interns, to learn about working with dying patients. Signature offers basic training and then assigns students to clients whom they visit out in the community. In the past, I have supervised interns from PWI and it has been a very enriching and deeply meaningful training experience which can fulfill all or part of the internship requirements for the MAPW.

Ingrid Rose, Ph.D., Dipl. PW, is the Dean of Public Programs at the Process Work Institute in Portland, OR.

Worldwork Past and Present: Dr. Gary Reiss

As a Process oriented therapist and teacher, my training directs me to respond to the world issues that call out to me. As a person with a spiritual path, my spiritual path directs me to specific Worldwork projects. Becoming involved in Worldwork projects is a political, psychological, spiritual path.

For the past 15 years, I have been working along with fellow Process Work faculty, Process Work students, social activists, and others, to facilitate the Israeli Palestinian conflict. This past fall we again met in Beit Jallah, the neutral zone where Israelis and Palestinians can travel too without permits. We focused on working with trauma and again discovered how important it is to work on our personal trauma and to be able to be open to work on collective issues of trauma, war and peace. Everyone in the room had been so hurt. People showed us the lingering results of physical battle scars, while others talked of loved ones dying in their arms, and still others spoke of loved ones kidnapped or killed in bombings.

Most of the Palestinians and Israelis who showed up had been told not to come by their families. Several

people had never met with people from the "other side". People started closed, angry and afraid of each other. After four days, Israelis and Palestinians sat arm in arm. They shared of how they had told their families how stunned they were when they found the "other side" so full of compassion and caring. Individuals were changing and they were changing their extended families as they reported on what they were experiencing at the workshop. When one person told their story of trauma, they were physically and psychically held by the other side. After four days, we all had trouble saying good bye to each other, and I have heard that many Israelis and Palestinians are staying in touch with each other.

One night we were joined by 15-20 members of a group called Combatants for Peace. This is a group of ex fighters from both sides who meets to work on transforming the conflict. We worked on the issues through movement and dance.

In a region where there is so little hope, person by person change provides a basis for growth and healing. We need, of course, to address more -- and more the political level, but politics will never be enough, especially in this region where everything is based on relationship. As relationship and group facilitators, we can help build bridges between people who fear each other, and who have so much distrust and hatred. We can witness frozen states melt into the warmth of genuine connection and friendship. Weapons are powerful and so are rigid governments, but love and connection can melt the walls. We met with the wall built by Israel, to separate Palestine and Israel, outside the window of our meeting room. We processed the wall, not only as something physical on the outside but something right in the room, knowing that the physical wall can't come down without the walls between our hearts being addressed.

Whenever we work on the Mideast and the Holocaust, other unresolved issues of World War II are ghosts that come up. Unaddressed ghosts tend to replicate history, and this region of Europe and the Mideast are creating their history now and can benefit from the depth of processing and facilitation that Worldwork brings. Starting in the fall of 2012, we will begin to address these ghosts more directly by expanding our work to a series of workshops beginning in Warsaw and moving throughout Europe. Be in touch, if you want to help in these projects. I know many others are also doing such valuable work in this and other regions of the world.

I believe the time is now, for all of us who feel so called to, to utilize the incredible gifts of Process Work and specifically Worldwork that we have been given, to hold the world's process in our arms, and help it to unfold in a way that has the greatest potential for deep democracy, healing, and peace.

Gary Reiss, Ph.D., Dipl. PW is a Senior Faculty member at the Process Work Institute in Portland, OR.

Welcome MACF Cohort 5: Dawn Menken

WELCOME MACF Cohort 5

In no time, PWI will be welcoming the students of 5th cohort in the Master of Arts in Conflict Facilitation and Organizational Change program! These students will begin their studies at their first residency in Portland, on February 28th and will be in town for ten days.

"We are thrilled the students of Cohort 5 will be joining our international learning community at the Process Work Institute" Dawn Menken, Dean of the MACF program, exclaimed. "The new cohort hails from 4 different continents and represents a variety of countries and cultures. Many of these students are already engaged in fascinating work in the area of conflict facilitation, organizational development and community building." "Their diverse backgrounds and experiences will enrich the PWI community and we look forward to seeing them around the institute soon," said Myriam Rahman, Admissions Counselor, who has already been in close communication with many MACF 5 students.

For those of you who are in Portland, please join us at PWI, on Saturday March 3, 7-10 for a Welcome MACF 5 Party! MACF 4 will also be in town. The entire community is welcome. Please bring a dish, a beverage or a cheer to share. Contact [Nami Tagawa](#) or [Mohammad Alarja](#) for more information.

Please take the opportunity to meet and welcome this new cohort. International community members may even have a chance to meet some Cohort 5 students at the upcoming IAPOP, in Zurich, in April!

Dawn Menken, Ph.D., Dipl. PW, is the Dean of the Masters of Arts Program in Conflict Facilitation and

Organizational Consulting at the Process Work Institute in Portland, OR.

Poetry as a form of Process Work by Jean-Luc Moreau

Many voices internal or external, one-sided or multi-sided, marginal to mainstream or main stream, going deep or light, mixing levels, consensus reality, dream or essence.

Poetry is a form of process work that allows me to receive the brush of a flirt or the slap of a strong experience and engage, explore, follow, cook, fall, or stand with it, and harvest, if possible, the energy it holds as a gift. It is one of my ways of engaging with the world -- a way to pause and connect with my human side, trigger my deep democracy, noticing a big sigh, a laugh, a tear, a shout of joy, a pain, an atmosphere -- and I let myself explore these special moments beyond the instant.

The following pieces came out in two World Work seminars I attended -- one in Israel, in November 2010 and the other in South Africa, in November 2011. The first piece is an example of innerwork (mine and not mine at the same time) triggered by the experience. The following two pieces reflect voices or dynamics from race and gender group processes. The last one reflects the following of a participant's personal story.

~ Jean-Luc Moreau ~

Critic Pressure

My critic
This internal voice
Separate from my own voice
Telling me repetitively
All the things
I should do
Not do
Am not
Or never will be
Enjoys a grand repertoire
Learnt from daily life
Cultivated, rehearsed
Discovered, improvised or
Picked from other voices
Inherited or transmitted
From school, lineages, societies
Or other figures
Slowly internalized

Under constant pressure
Judging my behaviors or actions
The critic turns evaluation
To oppression
And soon
Depression
My spirit implodes
Not having a standing chance
Living way to a blurred path
Of life or death
Not knowing on which side
My body or soul may end

The vacuum brings silence
No more voices
The quietness of the emptiness
Sense of timeliness
The body lies still
Motionless

As if melting into the ground
The "I" disappeared
Pulling the critic in its path

A heartbeat sounds
Then another
A limb moves
Than another
The wind sounds
The light appears
The earth smells
Peacefulness
The sense of present moment
Stands strong
No past no future
Just the now

In the connected moment
A wolf running
Enjoying the repeated pressure
And contact
Of earth and paw

White Guilt

Realization
Awareness
Shock
Guilt
Taking the air and the space
To speak and reflect
Focusing on self
Still continuing the abuse
In the moment
Shutting all other voices
Only allowing
More white space
Upon white space

Where are you

Where are you
The male figure for my child
Mine not ours
As the "you"
Is not here
And may not have
Ever been here

Seeing me as cozy space
For your penis to live
And enjoy a few seconds
Or minutes of pleasure
The highlight of your day
The source of tales
To boast amongst roosters

Seeing the thing
In between your legs

As the godly given tool
Or sword
To conquer territories
Or straighten behaviors
You do not approve of

Seeing me as a space
For your maleness
To be reaffirmed
Preying on my energy
To fuel your selfish centeredness
Regardless of who I am
Making me disappear

Where are you
The male figure for my life
The one I can trust
To share decisions
Each holding our part
Finance or care
Accountable
Not dependent
And not repeat abuse

Where are you
The one that can embrace
Not just with his arms
But with his being
All of who I am
All of what makes me
And respect

Where are you
I long for an answer

Where are you

I may need to go without
No longer seek
Dismiss your ghost
Go within
Find support
In sisterhood

I will do the best
To provide for my child
Who will surely ask
Later
Where were you

PWI Program Info Sessions

Learn more about PWI programs:

We host regular info sessions to provide an opportunity to learn more about Process Work training programs and other ways to experience and study Process Work:

UPCOMING TELECONFERENCES

*Do you want to learn more about Process Work?
Want to experience Process Work in-person or check out distance training options?*

Interested in the Master's programs but don't know which is best suited to your interests and goals?

March 5th, 2012 4pm-5pm PST
March 7th, 2012 11am-12pm PST

JOIN US!

Please reserve your spot by contacting PWI:
pwi@processwork.org

To find out more about PWI's programs or course, follow the links below.

[Annual Winter Intensive](#) January/February 2013. Early registration discounts available now. Excellent way to dive in and get a thorough introduction to Process Work!

***New!* [Independent Study Program](#)**

[Certificate in Process Work](#)

[Master of Arts in Conflict Facilitation and Organizational Change](#) (MACFOC)

- o Next cohort begins February, 2012
- o Application deadline January, 2012

[Master of Arts in Process Work Diploma Program](#) (MAPW/Diploma)

- o Next cohort begins February, 2013
- o Application deadline January, 2012

[IAPOP CONFERENCE](#)- Global Change, Local Change: Tension, Crisis and Change Processes, in Zurich, Switzerland, April 2012

Seminars with **[Arny and Amy Mindell](#)**

[Summer Institute](#) in June/July 2012

[Worldwork](#) in Poland, in 2014

...as well as upcoming 2012 Process Work **[classes and seminars](#)**

Brings your questions and we will discuss the options to help you find the path that is right for you.

SIGN UP!

Please reserve your spot by contacting PWI:
pwi@processwork.org

If you can't make one of these times but are still interested in finding out more, please contact Myriam Rahman (Admissions Counselor) @ **myriam.rahman@processwork.org**

Winter Course Registration

Winter course registration is now open

- Register before the early registration deadline and receive a discount.
- Audio files are now available for \$45 for those who attend in person or at a distance.
- Due to the fluid nature of programming at PWI, our website reflects the most current continuing education course information. This information may vary from the printed catalog. Please check the website for the most accurate course times and date.

Supervision and Videostudy: Exam Preparation

Ingrid Rose, Ph.D.

Friday, February 3, 9:30am - 12:30pm

Cost: \$54 (\$48 member) before January 20, \$60 (\$54 member) thereafter

This class will offer advanced supervision of work in the middle and videoanalysis. A great opportunity to learn more about videostudy as well as hone skills in preparing for exams. We will focus on:

- Signal and channel awareness
- Skills for deepening and unfolding
- Edgework
- Framing & integration

The class is open to all who would like to deepen their awareness and use of Process Work tools and techniques in all areas.

Classroom: PWI Library

Forgetfulness and Depression: Early and Mid-Stage Dementia Processes

Stan Tomandl, MPW, PW Dipl. assisted by Ann Jacob, B.Ed.

Tuesdays, January 10, February 14, March 13, 12:00pm - 2:00pm

Cost: \$108 (\$96 member) before December 15th, \$120 (\$108 member) thereafter

For those living with, working with and learning from folks in the process of forgetting, to provide opportunities within the difficulties and grief of memory loss and role changes. Are people spiritually seeking? Taking overdue retirement? Is it definite divorce? Detachment from family and friends? Social activism? Creative expression? A new way of relating? ~ For family members, caregivers, and administrators: learn to follow and unfold signals, sounds, and perseverations; to calm aggression and provide opportunities for growth from altered states of awareness. Communication is possible even in seemingly impossible situations.

Distance Learning: teleconferene only

Process Oriented Family Therapy: Working with Family Trauma Plus Community Based Healing

Gary Reiss, Ph.D., LCSW

Thursdays, January 26, February 2, 9, & 16, 6:00pm - 8:30pm

Cost: \$180 (\$160 member) before January 12th, \$200 (\$180 member) thereafter

This class will cover the basics of process-oriented family therapy and emphasizes working with families that are in the midst of trauma. We will work with abuse, domestic violence, death, the trauma of war and natural disasters. Participants will experience community based healing, with the whole class participating after the family works. Families dealing with trauma will be invited to come and work.

Classroom: PWI Big Room

Making it Seamless: Fluid Use of Creativity with Non-Process Work Clients

Kate Jobe, M.A., RSMT

Saturday, January 28, 10:00am-5:30pm

Cost: \$108 (\$96 member) before January 13, \$120 (\$108 member) there after

If you have ever asked yourself, "How can I use different channels (move, make sounds, touch, etc) with clients who haven't done Process Work before?" or "Is this person 'ready' for Process Work?" or "How do I introduce an intervention where I ask a person to do something besides sit and talk?", this class is for you. Using video, live examples and case supervision, we will focus on helping you use your creativity to discover your unique approach to these and other questions related to finding more freedom in following the flow of process in various channels. Please bring a laptop, smart phone or web-ready tablet if you have one.

Classroom: PWI Library

The MUSIC of Your Dreaming Process

Amy Mindell, Ph.D.

Wednesdays February 1 & 8, 9:15am - 12:15pm

Cost: \$108 (\$96 member) before January 17th, \$120 (\$108 member) thereafter

Everyone is a natural musician! In this class you'll discover how your dreaming process sings! (No music experience necessary.) We'll discover dream-tunes emerging through speaking, humming and singing, as well as in your spontaneous movement rhythms. You'll see, there are songs and music trying to burst out of you!

*Classroom: PWI Library*The Process Revolution and the MULTI-VERSE

Arny Mindell, Ph.D.

Fridays, February 3, 10, & 17, 3:30pm - 6:30pm

Cost: \$162 (\$144 member) before January 17, \$180 (\$162 member) thereafter

Why don't we know how the universe began, or where we came from? Perhaps the Gods can't explain themselves to themselves?

The study of the universe, that is modern cosmology as well as ancient spiritual traditions sometimes speak about multiple universes.

In these three classes, Arny discusses processwork's contribution -or "revolution"- to understanding the science and psychology and spirituality "multi-verse" Then we will see how to apply this "process-oriented multi-verse" to inner and outer relationships.

Process oriented multi-verse awareness creates both reasonable and also unexpected, nonlinear altered state solutions to complex situations. We integrate the Greek "Kairos" into modern time ideas and "Atmosphere" into space ideas. Expect connections between physics, information theory, health issues and mystical traditions.

Class 1: Process Science's Simplicity, Complexity +Universality

Class 2. Parallel worlds: Illness + Time Reversal

Class 3. The Process Revolution as a "Non Head Trip" and as a Relationship Spirit

Distance Learning: audio file, video streaming

*Classroom: PWI Big Room*Case Crystallization for All : with Special Focus on Symptoms, Death+Dying

Arny Mindell, Ph.D.

Friday, February 3, 7:30-9:30pm

Cost: \$36 (\$32 member) before January 20th, \$40 (\$36 member) thereafter

First cases on near death and dying will be considered, then general case work with individuals will be considered. Focus is on the case process, not upon the personal identity of all involved.

*Distance Learning: audio file, video streaming**Classroom: PWI Big Room*Organizational Case Crystallization for Everyone

Arny Mindell, Ph.D.

Friday, February 10, 7:30pm - 9:30pm

\$36 (\$32 member) before January 27th, \$40 (\$36 member) thereafter Here we shall focus on applying processwork to organizational systems, questions, situations of all kinds. Focus is on the case process, not upon the personal identity of all involved.

*Distance Learning: audio file, video-streaming**Classroom: PWI Big Room*

We hope that you have enjoyed this issue of the *InProcess Newsletter!*

With love,
The Process Work Institute

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