



**PROCESS
WORK**
INSTITUTE

CONTINUING
EDUCATION
**COURSE
CATALOG**

2012 - 2013

www.processwork.org

ABOUT PROCESS WORK COURSE CATALOG

MISSION

Process Work Institute is dedicated to being a learning community of excellence, promoting research, training, and development in Process Work. It aims to provide cutting edge knowledge in Process Work and its applications to learners through both distance and onsite learning methods, and to inspire and promote personal transformation and greater social awareness.

VISION

To become a beacon of research, education, and personal development through the application of Process Work worldwide.

VALUES

Process Work is committed to eliciting the core of potential meaning and growth that lies at the heart of even the most disturbing human experience. Process Work's essential values include awareness, learning, relationship, and a continued commitment to personal growth.

The Process Work learning community is committed to an educational process that:

- Views the individual and his or her unique personal style as an integral part of the learning process
- Fosters an atmosphere of collaboration, experimentation, and mutual discovery in learner-teacher interaction
- Provides intensive and experiential instruction using onsite, distance and online learning modes of delivery that strengthens student learning
- Connects the student's skill development to his or her own personal process and unique style
- Emphasizes the role of community and relationship in the learning process
- Promotes dialogue, inclusion, and intercultural competence

Inside this brochure you will find many opportunities to study Process Work. Our classes seek to address the many needs of participants. In addition to face-to-face learning opportunities, there are also distance-accessible courses.

The Process Work Institute offers 2 cohort-based, combined distance-residential study programs: the Masters Degree in ProcessWork (MAPW), the Masters Degree in Conflict Facilitation & Organizational Change (MACF). Start dates for new cohorts in both programs are listed in the Academic Calendar on page 3. More information on degree programs, independent study, diploma and certificate programs is available on our website www.processwork.org.



2049 NW Hoyt Street
Portland, OR 97209 USA
Phone: 503-223-8188
Fax: 503-227-7003

www.processwork.org

ACADEMIC CALENDAR

FALL 2012

CLASSES LISTED ON PAGES 6-9

Fall Classes Begin

September 9, 2012

Residencies:

MAPW cohort 2
MAPW cohort 3
MACF cohort 4
MACF cohort 5

Sept 15-26, 2012
September 9-20, 2012
Aug 25-Sept 4, 2012
Sept 10-20, 2012

Events:

Community Party
Comunity Meeting
Research Symposium

September 15, 2012 8pm-midnight
September 23, 2012 6-8pm
October 7, 2012 7-9pm



WINTER 2013

CLASSES LISTED ON PAGES 10-12

Winter Classes Begin

January 8, 2013

Annual Winter Intensive

January 20 -February 21, 2013

Residencies:

MAPW Cohort 2
MAPW Cohort 3
MAPW Cohort 4 Starts!
MACF Cohort 4
MACF Cohort 5

January 29-Feb 9, 2013
January 8-19, 2013
February 26-March 9, 2013
January 24-Feb 3, 2013
February 26-March 8, 2013

Events:

Community Party
Comunity Meeting
MAPW Cohort 2 Graduation!
MACF Cohort 4 Graduation!

January 26, 2013, 8pm-midnight
February 17, 2013 5:30-7:30pm
February 9th, 2013 5-7pm
February 3rd, 2013 4-6:30pm



SPRING 2013

CLASSES LISTED ON PAGES 12-14

Spring Classes Begin

May 11, 2013

Summer Institute

June 21-July 15, 2013

Residencies:

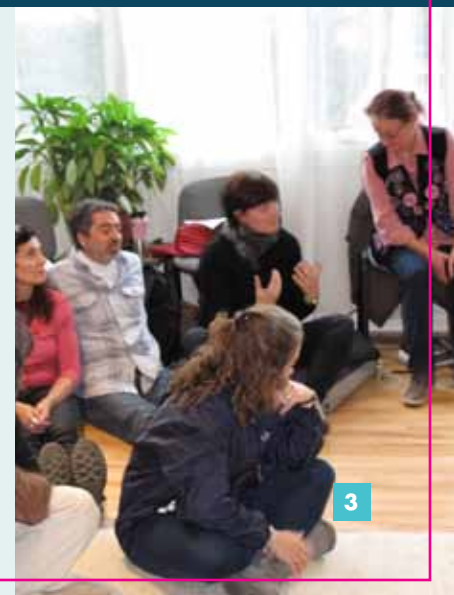
MAPW Cohort 3
MAPW Cohort 4
MACF Cohort 6 Starts!

May 18-29, 2013
May 11-22, 2013
May 25-June 5, 2013

Events:

Community Meeting
Community Party
Research Symposium

May 19, 2013 6-8pm
May 25, 2013 8pm-midnight
June 2, 2013 7-9pm



COURSE REGISTRATION

Registration Procedure

To enroll, please complete the Class Registration Form available on the PWI website, in the office or in the back of this Course Brochure. Mail or fax it back to PWI, or call or email the office to register.

Please note: You are not considered registered for a class until full payment is received.

- We accept checks in US Dollars, cash, wire transfer, Visa, or MasterCard for class registration. Make checks payable to the Process Work Institute. Please inquire at the office for wire transfer information.
- It is not possible to attend single sessions of any multi-session class, unless specified. Exceptions may be made for participants who live out of town. Please contact PWI to request an exception well in advance of the class starting date.

- ▶ • **New! Advanced Registration** required for all courses – effective September 1, 2012, registration at least 24 hours before the course start is required. Early registration helps ease administrative processes at the last minute. If you choose to register the day of a course, you will be charged a \$10 surcharge. We appreciate your cooperation. As always, we welcome your registration by phone, during office hours (M-F, 9-5 PST).

Class Costs

Class prices are listed with each class. Members receive a 10% discount. There is also a 10% discount for registering by the early deadline. These discounts are cumulative, so a member who registers early gets a 20% discount.

- Registration payment must be received by the early deadline to qualify for the discounted price.
- Member price includes all PWI members (regular, diplomate, alumni) and students currently enrolled in PWI's degree/certificate programs.
- CE (Continuing Education) credit certificates cost an additional \$30 and must be requested at time of registration.
- Distance versions of classes are the same cost as in person attendance. Audio recording is available for some distance classes. When you register for some classes you will be asked to specify whether you plan to attend in person, from a distance or wish to receive an audio recording of the class. If you register for in person or distance attendance, you can also receive the audio file of the class for an additional \$45. Please inquire in the office at time of registration.

Location and Time

Unless otherwise noted, classes are held at the Process Work Institute. All times listed are Pacific Time.

Distance Attendance Options

Some classes at PWI include options for attending courses from a distance. The office will send out instructions for distance access to the classes 1-2 days before they take place. The three common options are:

- Downloadable* audio files you can access after the class is over for a limited time.
- Each audio file is only for the use of the registered student and may not be shared.
- Teleconference classes may be accessible via phone or as an internet conference.
- Videoconference* is an interactive live video streaming of courses directly to your home computer.

**Stable internet connection and speakers attached to your computer are required to participate in these distance options.*

Work-Study Scholarships

A limited number of work-study discounts for classes are sometimes available. Work-study is required in exchange for registration discounts. Contact the PWI office for more information. Work-study discounts are given on a first come-first served basis.

Acceptable Conduct

All members of the PWI community are expected to act in ways which foster our primary function of education. Attending a class at PWI automatically binds the student to follow the PWI conduct policy, available on our website.

Confidentiality Policy

Notes taken during class, as well as handouts and class materials, are for personal use and may be distributed to fellow participants but may not be given to nonparticipants unless the instructor(s) gives explicit permission. Audio and video taping is only allowed with permission from the instructor. Audio and video tapes cannot be distributed to non-class participants without the permission of the instructor. No audio or video taping of personal work is allowed – this includes work of a personal or professional nature, i.e., case supervision, unless the person who is working explicitly requests that his/her work be taped for personal use. No names or personal details of participants' experiences may be shared with people outside the class.

In case consultation classes, participants must take steps to ensure the confidentiality of their clients: no names or identifying descriptions can be used, and in all cases, the client, an individual or a group, must remain anonymous. Participants may not discuss any case details outside the class.

Continuing Education Courses Refund Policy

(Note: the term "course" refers to a series of classes or course of study the student has applied and been accepted into.)

A student is permitted to withdraw during any part of the program in "whatever manner" - in writing, by phone, or in person. A student who elects to cancel their enrollment within 5 calendar days of enrollment will receive a full refund of all money paid. The 5 calendar days begin when the student signs the enrollment form, or confirms enrollment through email, or tuition payment. After the 5 day cooling off period, where the student cancels after completing at least one lesson but less than 50 percent of the course lessons, the Process Work Institute may retain the non-refundable fee (registration fee) of \$150 plus a percentage of tuition which shall not exceed the following:

- a. Up to and including 10% of the course, PWI retains 10% of the refundable tuition.
- b. Between 10% and 25% of the course, PWI retains 25% of the refundable tuition.
- c. Between 25% and 50% of the course, PWI retains 50% of the refundable tuition.
- d. After the student completes more than 50% of the course, PWI shall be entitled to retain total course tuition.

The amount of the course completed shall be the ratio of completed required lessons to the total lessons required to complete the course. In case of a student illness, accident, psychological emergency, death in family and other circumstances beyond the control of the student, the Process Work Institute will give special consideration to the student's request for cancellation beyond the minimum refund policy.

► **NEW! Course Cancellation Policy**

In an effort to reduce course cancellations and increase the opportunities for students to pursue their interests, PWI will not cancel courses, except for those with no registrations one week prior to the course date and those taught by guest teachers. Instructors have agreed to offer the courses, even if only 1-2 students enroll. This is an experiment limited to the 2012-13 continuing education courses listed in this brochure. PWI will monitor carefully the outcome. We welcome your feedback along the way.

► **NEW! Diplomat/Alumni Association**

All Process Work Diplomates and graduates of the MACF program are eligible to join the PWI Diplomat/Alumni Association. The dues have been changed to \$135/year for all members.

Members receive the following:

- Online presence at www.processwork.org on Diplomat/Alumni page
- 10% discount for all classes administered by PWI
- 10% discount on all Process Work Bookstore items
- Annual Course Brochure, electronic version

Supporting Membership

PWI offers you the opportunity to become a supporting member of the Institute. By becoming a member you support the mission of the Process Work Institute. As a non-profit organization, with 501(c)(3) status, PWI membership fees and donations are fully tax-deductible. Members receive the following benefits depending on the level of contribution.

\$70 Supporting Member

All members receive:

- 10% discount for all classes administered by PWI
- Annual Course Brochure, electronic version

\$100 Sponsor

Additional benefits include:

- A complimentary book from Lao Tse Press (LTP)

\$200 Benefactor

Additional benefits include:

- 10 % discount for all books, manuscripts and merchandise from Lao Tse Press

PWI Training Programs

The Process Work Institute offers the following formal training programs:

- Independent Study Program in Process Work (ISP)
- Certificate in Process Work
- Self-guided Diploma (SGD)
- Diploma/Master of Arts in Process Work (MAPW)
- Master of Arts in Conflict Facilitation and Organizational Change (MACFOC)

For detailed information on these programs, please call the Process Work Institute at 503-223-8188, or email Myriam Rahman, the PWI Outreach & Admissions Coordinator, at myriam.rahman@processwork.org or see our website: <http://processwork.org>

Process Work Institute Bookstore

A selection of Process Work books, journals and videos is available for purchase from the PWI office during regular office hours (9am – 5pm, M-F).



FALL 2012

Tuesdays, September 11, October 9, November 13,
12:00pm-2:00pm

As Rivers Age: Extreme Aging, Eldership & Wisdom, Training and Supervision

*Teleconference only

Stan Tomandl, MPW, Dipl. PW, assisted by Ann Jacob, B.Ed

As rivers age, they sing the river song of life and death aligned. Flowing through seasons of regret and reconciliation, bereavement and beatitude, despair and detachment, loss and love, millions of people now have the privilege/burden of living in altered states of insight and awareness rarely seen in the past. Aging into their 80s, 90s, 100s, sometimes in frailty with isolated consciousness, they call us to deeper essential relationship. We need to learn from them and prepare for our own extreme eldership.

Distance: Teleconference only

CEU Eligible: No

Cost: \$120 (members \$108)

Early Registration: \$108 (members \$96)

Early Registration Deadline: 08/28/2012

Wednesdays, September 12 + 26, 9:15am-12:15pm

Creativity and the Art of SpaceTime Dreaming **Amy Mindell, Ph. D.**

Our dreaming process is abundantly creative! Explore the way our dreaming minds teach us about the creative process and generate artistic creations. We'll focus on the experience of "spacetime dreaming" as a source of spontaneous and unpredictable creativity and discover its teachings for our lives. More details to come in August. Open to all - no artistic experience necessary! Simple materials will be used. \$10 for materials if possible.

Distance: N/A

CEU Eligible: Yes

Cost: \$120 (members \$108)

Early Registration: \$108 (members \$96)

Early Registration Deadline: 08/29/2012

Sept 12 PWI Library, Sept 26 PWI Big Room

Wednesdays, September 19, 26, October 3, 10, 17
6:30pm-9:00pm

Introduction to Counseling Methods and Theory **Chris Allen, Ph.D.**

This class is for students and professionals interested in translating their process work training into work as a clinical counselor. This class will give the opportunity for students to "try the driver's seat" in terms of what it might feel like to be a counselor. Topics will include: knowledge of primary counseling and psychological theory; edgework with clients, finding process structure through conversational means; therapeutic alliance with clients; client protocols.

Distance: asynchronous

CEU Eligible: Yes

Cost: \$250 (members \$225)

Early Registration: \$225 (members \$202)

Early Registration Deadline: 08/29/2012

PWI Big Room

Fridays, September 14, 21, 28, 3:30pm-6:30pm

Second Training with Our Body, Your Symptoms: The End of Death, and Creativity in Life

Arny Mindell, Ph.D.

Insights from science into the nature of relativity and quantum theory and experiences with near death situations relativize the meaning of death. I explore how symptoms provoke you into being a shaman, how symptoms are yours, and "ours," and how fears of death can be healthy. Day 1. SHAMAN'S BODY: Symptom as Shaman's Calling Day. 2. SYMPTOMS IN RELATIONSHIPS: shared spaces, shared energies. Day 3. LETHAL SYMPTOMS?: why there may be none.

Distance: video streaming, teleconference, audio

CEU Eligible: Yes

Cost: \$180 (members \$162)

Early Registration: \$162 (members \$144)

Early Registration Deadline: 08/31/2012

PWI Big Room

Friday, September 14, 7:30pm-9:30pm

Organizational Case Crystallization

*Open to everyone

Arny Mindell, Ph.D.

Open to the Public. Focus on inner development and outer work-understanding with all stakeholders in family, organizational, and political systems.

Distance: video streaming, teleconference, audio

CEU Eligible: Yes

Cost: \$40 (members \$36)

Early Registration: \$36 (members \$32)

Early Registration Deadline: 08/31/2012

PWI Big Room

Sunday + Monday, September 16 + 17, 9.30am-12.30pm +
2.30pm-5.30pm

Case Studies and Applications I: The Open Forum **Max Schupbach, Ph.D., Ellen Schupbach, Ph.D.**

Worldwork is an overarching paradigm with many applications, including open forum group process with up to 1000 plus participants. Open forums can be designed for and conducted in many different contexts such as large organizational change management settings, vision retreats, conflict facilitation in communities, etc. Public open forums with numerous stakeholders on controversial public issues are a special application of the Worldwork large group process methodology. This two day seminar will focus on preparing and facilitating a public open forum and will coincide with one on Sunday evening facilitated by Ellen and Max Schupbach and others. On Monday we will study video footage and debrief. Max and Ellen have organized and facilitated Public Open Forums on many issues in Europe, Africa, Russia, Australia and Japan.

Distance: N/A

CEU Eligible: Yes

Cost: \$240 (members \$216)

Early Registration: \$216 (members \$192)

Early Registration Deadline: 08/31/2012

PWI Big Room

Sunday, September 16, 7.00-9.00pm

Public Open Forum

Facilitated by Max Schupbach, Ph.D., Ellen Schupbach, Ph.D, and others.

Free and open to the public. This Open Forum is scheduled in conjunction with the course Case Studies and Applications I: The Open Forum. It is not necessary to attend the course in order to attend the forum.

Distance: N/A

CEU Eligible: No

Cost: Free & open to the public

Ambridge Event Center, 1333 NE MLK Blvd, Portland, OR

Sunday, Monday, Tuesday - September 16, 17, 18,
9.30am-12.30pm + 3.00-6.00pm

Movement Wizardry

*Prerequisite: Familiarity with Process Work

Kate Jobe, MA

Not an introductory class. Assumes knowledge and more than a beginning competency with PW basics. Movement work contributes to the perception that Process Work is magic. It quickly opens doors to dream-like experience and provides methods, attitudes, and skills that help unfold meaning and depth. To use movement in this way you need to be something of a wizard. In this experiential class we will focus on your special wizardry and explore ways of using your body in movement to discover unknown talents. We will integrate the experience of movement with the practice and theory of Process Work. *Prerequisite: please complete the Online Movement Tutorial and Review at www.katejobe.com/movementtutorial/movetut.html. This tutorial will be available from August 5th, 2012. Please complete by: September 1, 2012.

Distance: N/A

CEU Eligible: No

Cost: \$360 (members \$324)

Early Registration: \$324 (members \$288)

Early Registration Deadline: 08/31/2012

PWI Library

Tuesdays, September 25, October 2, 9, 6:30pm-9:00pm

Designing, Delivering and Facilitating Learning, Series 1: Outcome-based Learning

*This series can be taken alone or in conjunction with series 2 and/or 3.

Julie Diamond, Ph.D.

Creating training often means adapting to the requirements and goals of other organizations, whether applying for CEs, presenting at conferences, or teaching within a set curriculum. Relating learning to goals means adding a feedback loop to our work by asking: did we attain the results we wanted? This series presents methods for defining and aligning course goals, outcomes, learning activities and assessments to allow students and teachers to track learning and know when and where to make adjustments.

Distance: asynchronous

CEU Eligible: Yes

Cost: \$150 (members \$135)

Early Registration: \$135 (members \$120)

Early Registration Deadline: 09/04/2012

PWI Big Room

Friday, September 21, 9:30am-12:30pm

Advanced Supervision

Ingrid Rose, Ph.D.

This class is for all those interested in developing their skills and metaskills in the application of process-oriented tools. There will be an opportunity to work in the middle of the group, to get supervised feedback on your work, and to study and analyze the structure of the processes that unfold. We will focus on: signal and channel awareness, skills for deepening and unfolding, catching edges and working at the edge, framing and integration. This class is suited to all who would like to deepen their awareness and use of Process Work techniques and their own therapeutic or facilitation style.

Distance: N/A

CEU Eligible: Yes

Cost: \$60 (members \$54)

Early Registration: \$54 (members \$48)

Early Registration Deadline: 09/07/2012

PWI Big Room

Friday, September 21, 7:30pm-9:30pm

Case Crystallization : Special Focus on Death and Dying and Severe Illness

*Open to everyone

Arny Mindell, Ph.D.

Open to the Public. Focus on work with death and dying, severe illness, 1 to 1, relationship, family, organizational, ecological and political issues.

Distance: video streaming, teleconference, audio

CEU Eligible: Yes

Cost: \$40 (members \$36)

Early Registration: \$36 (members \$32)

Early Registration Deadline: 09/07/2012

PWI Big Room



Thursday, September 27, 6:00pm-9:00pm

Video Study: The Nuts and Bolts of Process Structure
Lily Vassiliou, Ph.D.

In this advanced training module we will work in the center with an individual, videotape the work and then study it with a view toward understanding the process structure and how it appears in the momentary interaction.

Distance: N/A

CEU Eligible: Yes

Cost: \$60 (members \$54)

Early Registration: \$54 (members \$48)

Early Registration Deadline: 09/13/2012

PWI Big Room

Friday, September 28, 7:30pm-9:30pm

Case Crystallization

*Open to everyone

Army Mindell, Ph.D.

Open to the public. Focus on work with 1 to 1, relationship, family, organizational, ecological and political issues (also possibly death and dying, severe illness).

Distance: video streaming, teleconference, audio

CEU Eligible: Yes

Cost: \$40 (members \$36)

Early Registration: \$36 (members \$32)

Early Registration Deadline: 09/14/2012

PWI Big Room

Saturday, September 29, 10:00am-5:00pm

Transforming the Inner Critic to Self-Love, Divine Love

Gary Reiss, Ph.D., LCSW

Much of our daily consciousness is occupied by our personal internal critics, fueled by our families, cultures, and collective history. Loving ourselves is a rare forgotten art, and without self-love it is difficult to love another. The more clearly we explore love, the more it becomes a spiritual path where we are not only loving ourselves and our intimate partners but the Earth, all of humanity, and the universe itself. Come transform together through inner work, dyads and group process.

Distance: N/A

CEU Eligible: Yes

Cost: \$120 (members \$108)

Early Registration: \$108 (members \$96)

Early Registration Deadline: 09/14/2012

PWI Big Room

Mondays, October 8, 15, 22, 29, 7:00-9:30pm

Improvising with Your Dreaming Process: Process Work & Action Theater

Rhea, M.A.

Our bodies are dreaming all the time - in our symptoms and relationship tensions, accidents and addictive tendencies. Our double signals and edges point us toward the dreaming process in the background. "Action Theater" is physical, body-based improvisation. Simple exercises play with movement, sound and language to create a dream-like theater that

begins with the body and connects with our emotions and imaginations. The work has an inherent logic of its own that is often non-linear, surprising and delightful. In these 4 classes we combine Process Work and Action Theater to physically embody and play with the "unknown" in dreaming as it flirts with us in our everyday and deeper dreaming lives.

Distance: N/A

CEU Eligible: No

Cost: \$200 (members \$180)

Early Registration: \$180 (members \$160)

Early Registration Deadline: 09/24/2012

PWI Big Room

Thursdays, October 11, 18, 25, November 1, 8, 15,
9:30am-11:30am

Dream Lab: Making the Dream a Living Reality

*Teleconference only

Lane Arye, Ph.D.

This is a safe learning and practice space for beginners and advanced students alike. A combination of theory, experimentation and live supervision (on the phone!) will help you: recognize process structure in dreams; find simple patterns that lie behind complex story lines; think symbolically; work with the body to unfold the dream's message; find dream doors and enter the dreaming process; experience the dream as it is happening now; use ProcessMind to find the dream-maker.

Distance: Teleconference only

CEU Eligible: No

Cost: \$240 (members \$216)

Early Registration: \$216 (members \$156)

Early Registration Deadline: 09/27/2012

Friday-Sunday, October 12, 13, 14, 10:am-6:00pm

Creative Wings Studio Process Workshop

Guest teacher: Debbie Purdy

Debbie Purdy is the owner of Creative Wings Studio in Taos, New Mexico. She has taught transformational painting for 15 years. Prior to that she was an art therapist. She facilitates paint workshops throughout the US and around the world.

Journey into the heart of creativity and immerse yourself in the flow brought about by the movement of paint and brush on paper. Painting as an awareness process is the method of self-exploration and spiritual discovery in this 3 day workshop. Explore, release judgments and self-imposed blocks. Let imagery, color and shape come unbidden from the dream world. Trust and integration are gained as unexpected images emerge. Intuition becomes your guide.

Distance: N/A

CEU Eligible: No

Cost: \$295 (members \$265)

Early Registration: \$265 (members \$239)

Early Registration Deadline: 09/28/2012

Kate Jobe's Studio, 2127 N Albina #211, Portland, OR

Directions at www.katejobe.com/directions

Saturday, October 20, 10:00am-5:00pm

Polyamory: A Path of Heart

**Rami Henrich, LCSW, Dipl. PW &
Cindy Trawinski, Psy.D., Dipl. PW**

Have you ever heard the word Polyamory? When you hear it do you think "Is that a Mormon family?" Come to this workshop and find out: What is polyamory and what is it not? What does being polyamorous mean for the individual, for a relationship(s), a family, a community? What are the challenges and rewards of being polyamorous? This all day workshop is meant for: people who identify as polyamorous or who are endeavoring to live a polyamorous life, people who are curious about polyamory, people in polyamorous relationship constellations looking for support, psychotherapists and other clinicians who want to learn about polyamory.

Distance: N/A

CEU Eligible: Yes

Cost: \$120 (members \$108)

Early Registration: \$108 (members \$96)

Early Registration Deadline: 10/05/2012

PWI Library

Sunday, October 21, 10:00am-5:00pm

Understanding Psychiatric Medications

Will Hall, MA, Dipl. PW

Psychiatric medications are often a source of confusion and disempowerment. Prescribers have divergent practices, and risks are often downplayed. What is the knowledge we need, as therapists, consumers, friends and family? This non-medical class explores a client-centered, harm reduction based understanding of psychiatric medications, including how they work, wise use, risks and benefits, reducing and going off meds, alternatives and collaborating with prescribers. *Co-sponsored by Portland Hearing Voices and the Mental Health Association of Portland.*

Distance: N/A

CEU Eligible: No

Cost: \$120 (members \$108)

Early Registration: \$108 (members \$96)

Early Registration Deadline: 10/08/2012

PWI Big Room

Portland Hearing Voices organizes support groups, public education, continuing education trainings and counseling resources for people experiencing unusual and extreme states of consciousness, and explores the positive, spiritual and creative sides of experiences sometimes diagnosed as psychiatric disorders.

Mental Health Association of Portland is an independent peer-led advocacy agency working for change by giving voice to people diagnosed with mental illness and addiction, including police accountability and community alternatives.

Thursdays, October 25, November 1 & 8, 2012, 7:30-9:30pm

Diversity Awareness: Tool for Life, Labor and Love

**Webinar only*

Bill Say, M.A.

Diversity awareness is intimately linked to health, sustainability, and deeper levels of democracy and relationship. As a tool, diversity awareness can help us navigate complex organizational situations, resolve differences with our friends, and find our direction in life. Though "diversity work" was a response born out of deep social inequities, it has infinite applications. This 3-part webinar series will focus on how we can use diversity awareness in the areas of: relationship, work and life direction! *Distance Learning: webinar only*

Distance: Webinar only

CEU Eligible: No

Cost: \$120 (members \$108)

Early Registration: \$108 (members \$96)

Early Registration Deadline: 10/11/2012

Saturday & Sunday, November 10 & 11, 10 am - 5 pm

Introduction to Process Work

Ayako Fujisaki, MA Dipl. PW

This 2-day introductory course offers an opportunity to learn about Process Work, its many applications, and most recent developments. The training presents a comprehensive introduction to the essentials of Process Work philosophy, skills, and metaskills (feeling attitudes) in topic areas such as dream work, bodywork, relationship work, inner work, as well as group process. The training is meant for students, therapists, and anyone interested in learning to use Process Work methods for their personal or professional development. We will learn about Process Work through theoretical presentation, demonstration of skills and methods, and experiential exercises.

Distance: N/A

CEU Eligible: Yes

Cost: \$240 (members \$216)

Early Registration: \$216 (members \$192)

Early Registration Deadline: 10/26/2012

Big Room



WINTER 2013

Tuesdays, January 8, February 12, March 12, 12:00pm-2:00pm

Forgetfulness and Depression: Early to End Stage Dementia, Training and Supervision Classes

*Teleconference only

Stan Tomandl, MPW, Dipl. PW, assisted by Ann Jacob, B.Ed

For those living with, working with and learning from folks in the process of forgetting. This class will consider the opportunities provided within the difficulties and grieving of memory loss and role changes such as spiritually seeking, overdue retirement, definite divorce, detachment from family and friends, social activism, sharing wisdom, creative expression, new ways of relating. For family members, caregivers, educators and administrators. Learn to follow and unfold signals, sounds and perseverations; to calm aggression and provide opportunities for growth from altered states of awareness.

Distance: Teleconference only

CEU Eligible: No

Cost: \$120 (members \$108)

Early Registration: \$108 (members \$96)

Early Registration Deadline: 12/21/2012

Saturday, January 19, 10:00am-5:00pm

Advanced Supervision in Relationship Work **Gary Reiss, Ph.D., LCSW**

This class will focus on helping students develop their skills when working with a relationship. Special focus given to developing and maintaining fluid neutrality; stepping into the dreaming process; and working with short and long term relationship issues.

Distance: N/A

CEU Eligible: Yes

Cost: \$120 (members \$108)

Early Registration: \$108 (members \$96)

Early Registration Deadline: 01/04/2013

PWI Big Room

Wednesdays, January 23 + 30, 7:00pm-9:30pm

Dreams and Dreaming **Ingrid Rose, Ph.D.**

If you're interested in parallel worlds, dream images, symbolic thinking and the use of metaphor, this class will be for you. Not only will we explore night dreams and ways to work with them, we will also develop our own "dreaming" capacity through accessing intuitive and divinatory ways of perceiving. Dreams and our ability to enter "dreaming" in the use of Process Work applications are important parts of our toolkit. This 2-class series will address: methods of dreamwork, unfolding night dreams and harnessing their meaning for everyday life, tuning into parallel experiences through altering our ways of perception in order to expand awareness, using metaphor in our work with altered and far-out states of consciousness, such as in comatose or dying experiences. No previous experience in these areas necessary. Open to all who are curious and interested in these profound and numinous ways of exploring ourselves and others.

Distance: N/A

CEU Eligible: Yes

Cost: \$100 (members \$90)

Early Registration: \$90 (members \$80)

Early Registration Deadline: 01/09/2013

PWI Library

Thursdays, January 24 and February 14, 6.00-8.30pm and Saturday, February 9, 10:00am-3:00pm

The Role of Spirituality in Family Therapy **Gary Reiss, Ph.D., LCSW**

This class will focus on the basics of process-oriented family therapy, with a specific focus on spiritual aspects of family work including: family enlightenment work; family therapy and spontaneous ritual; and working with your family ancestors. Each class will be based on presenting theory, working with a live family and opening up the work to healing from the whole group.

Distance: N/A

CEU Eligible: Yes

Cost: \$200 (members \$180)

Early Registration: \$180 (members \$160)

Early Registration Deadline: 01/10/2013

Jan 24 PWI Big Room, Feb 9 PWI Library,

Feb 14 PWI Big Room

Fridays, February 1, 8, 15, 3:30pm-6:30pm

The Essence of Process Work – The Tao of Lao Tse **Arny Mindell, Ph.D.**

Process Work is based upon a subtle power behind all change. What is the nature of this power and how does it affect your life, your studies, your practice? Focus on the basic Lao Tse' "Tao Te Ching". Readings, exercises and how to be a Process Work elder in life. Feb 1: The Tao that Can and Can't be Said in personal life. Feb 8: Your Deepest Experiences in the Tao Te Ching. Life + purpose. Feb 15: Living your Essence. Beyond space and time.

Distance: video streaming, teleconference, audio

CEU Eligible: Yes

Cost: \$180 (members \$162)

Early Registration: \$162 (members \$144)

Early Registration Deadline: 01/18/2013

PWI Big Room

Friday, February 1, 7:30pm-9:30pm

Organizational Case Crystallization

*Open to everyone

Arny Mindell, Ph.D.

Open to the Public. Focus on inner development and outer work - understanding of all stakeholders in family, organizational, and political systems.

Distance: video streaming, teleconference, audio

CEU Eligible: Yes

Cost: \$40 (members \$36)

Early Registration: \$36 (members \$32)

Early Registration Deadline: 01/18/2013

PWI Big Room

Saturday, February 2, 10:00am-5:00pm

Relationship High Dreams, Dating and Longing for Relationship **Chris Allen, Ph.D.**

When looking for love and relationships and sex, we often wonder how high should we hope, should we hope at all, and what should we hope for? The experience of feeling less

than equal to the experience is common. This class helps us define what it is we most want, how this mixes with the social context we are in and equality with that which we desire.

Distance: N/A

CEU Eligible: Yes

Cost: \$120 (members \$108)

Early Registration: \$108 (members \$96)

Early Registration Deadline: 01/18/2013

PWI Big Room

Friday, February 8, 7:30pm-9:30pm

Case Crystallization - Focus on Death and Dying and Severe Illness

*Open to everyone

Arny Mindell, Ph.D.

Focus on firstly, work with death and dying, severe illness, 1 to 1, relationship, family, organizational, ecological and political issues.

Distance: video streaming, teleconference, audio

CEU Eligible: Yes

Cost: \$40 (members \$36)

Early Registration: \$36 (members \$32)

Early Registration Deadline: 01/15/2013

PWI Big Room

Sunday, February 10, 10:00am-4:00pm

Introduction to Open Dialogue for Psychosis **Will Hall, MA, Dipl. PW**

How has a Finnish hospital achieved the world's highest recovery rates for psychosis and schizophrenia- with low medication use? What are the key ingredients? What does this approach have to teach us in the US? Will Hall, Dipl.PW, a student of Dr. Jaakko Seikkula and Dr. Mary Olson at the Mill River Institute in Haydenville, MA, presents an introduction to Open Dialogue. Co-sponsored by *Portland Hearing Voices* and the *Mental Health Association of Portland*.

Distance: N/A

CEU Eligible: No

Cost: \$100 (members \$90)

Early Registration: \$90 (members \$80)

Early Registration Deadline: 01/25/2013

PWI Big Room

Portland Hearing Voices organizes support groups, public education, continuing education trainings and counseling resources for people experiencing unusual and extreme states of consciousness, and explores the positive, spiritual and creative sides of experiences sometimes diagnosed as psychiatric disorders.

Mental Health Association of Portland is an independent peer-led advocacy agency working for change by giving voice to people diagnosed with mental illness and addiction, including police accountability and community alternatives.

Mondays, February 11, 18, 25, 6.00-8.30pm

Designing, Delivering and Facilitating Learning, Series 2: Designing Learning

*This series can be taken alone or in conjunction with series 1 and/or 3.

Julie Diamond, Ph.D.

How information is presented is key to whether or not learn

ing happens. Does it fit the learning context, goals and culture? Does it address different learning styles? Does it relate to the goals and outcomes you want to achieve? Most importantly, does it engage the learner? Engaging learning activities create the greatest change and growth. This series focuses on designing learning activities for face to face and online learning, as well as project based and self-directed learning activities.

Distance: asynchronous

CEU Eligible: Yes

Cost: \$150 (members \$135)

Early Registration: \$135 (members \$120)

Early Registration Deadline: 01/28/2013

PWI Library

Wednesday, February 13, 7:00pm-9:30pm

Creative Arts and World Work Forum

Suzette Payne MA, Dipl. PW and Kara Wilde, MA, Dipl. PW

Creative visioning as a community using arts and Process Work. We will demonstrate and inspire how to use art in world conflicts and challenges as well as our personal lives. Learn more from the wisdom of diversity.

Distance: N/A

CEU Eligible: No

Cost: \$50 (members \$45)

Early Registration: \$45 (members \$40)

Early Registration Deadline: 01/30/2013

PWI Big Room

Friday, February 15, 7:30pm-9:30pm

Case Crystallization

*Open to everyone

Arny Mindell, Ph.D.

Focus on work with 1 to 1, relationship, family, organizational, ecological and political issues (also possibly death and dying, severe illness).

Distance: video streaming, teleconference, audio

CEU Eligible: Yes

Cost: \$40 (members \$36)

Early Registration: \$36 (members \$32)

Early Registration Deadline: 02/01/2013

PWI Big Room

Thursdays, February 28, March 7, 14, 21, 28, April 4, 9:30am-11:30am

Process Lab: Try, Test, and Tweak Your Tools!

*Teleconference only

Lane Arye, Ph.D.

This is a safe learning and practice space for beginners and advanced students alike. A combination of theory, experimentation and live supervision (on the phone!) will help you: Quickly and accurately identify process structure; Recognize hidden patterns and create interventions that fit the process; Practice basic tools and subtle techniques; Explore your metaskills and therapeutic style; Exercise symbolic thinking and creative mind; Investigate the deep structure of edges; Flow over, under, and beyond edges.

Distance: Teleconference only

CEU Eligible: No

Cost: \$240 (members \$216)

Early Registration: \$216 (members \$192)

Early Registration Deadline: 02/14/2013

Sunday, February 10, 10:00am-4:00pm
Introduction to Open Dialogue for Psychosis
Will Hall, MA, Dipl. PW

How has a Finnish hospital achieved the world's highest recovery rates for psychosis and schizophrenia- with low medication use? What are the key ingredients? What does this approach have to teach us in the US? Will Hall, Dipl.PW, a student of Dr. Jaakko Seikkula and Dr. Mary Olson at the Mill River Institute in Haydenville, MA, presents an introduction to Open Dialogue. *Co-sponsored by Portland Hearing Voices and the Mental Health Association of Portland.*

Distance: N/A
CEU Eligible: No
Cost: \$100 (members \$90)
Early Registration: \$90 (members \$80)
Early Registration Deadline: 02/22/2013
PWI Big Room

Portland Hearing Voices organizes support groups, public education, continuing education trainings and counseling resources for people experiencing unusual and extreme states of consciousness, and explores the positive, spiritual and creative sides of experiences sometimes diagnosed as psychiatric disorders.

Mental Health Association of Portland is an independent peer-led advocacy agency working for change by giving voice to people diagnosed with mental illness and addiction, including police accountability and community alternatives.

SPRING 2013

Saturday, May 11, 10:00am-5:00pm
Dreamwork Fundamentals
Will Hall, MA, Dipl. PW and Suzette Payne MA, Dipl. PW

Dreams can bring vitality to stuck places, offer solutions to overwhelming problems and point to new life directions. But how do you figure out what a dream means? Using Jungian and Process Work methods, this class will equip you with the essential tools of curiosity, symbolic association, body awareness, amplification and creative expression. Anyone new to understanding dreams or wanting to deepen their skills will find Process Work a practical and effective approach.

Distance: N/A
CEU Eligible: No
Cost: \$120 (members \$108)
Early Registration: \$108 (members \$96)
Early Registration Deadline: 04/26/2013
PWI Big Room

Saturday, May 18, 10:00am-5:00pm
Advanced Supervision in Body Work
Gary Reiss, Ph.D., LCSW

This class will focus on how to do hands on work when working on a symptom, working with withdrawn states and working on energy blocks. We will cover different kinds of interventions, how to follow your and your client's signals, earth-based body work and safe touch.

Distance: N/A
CEU Eligible: Yes
Cost: \$120 (members \$108)
Early Registration: \$108 (members \$96)
Early Registration Deadline: 05/03/2013
PWI Library

Mondays, May 13, 20, 27, June 3, 10, 6:30pm-9:00pm
Introduction to Counseling Methods and Theory
Chris Allen, Ph.D.

This class is for students and professionals interested in translating their process work training into work as a clinical counselor. This class will give the opportunity for students to "try the driver's seat" in terms of what it might feel like to be a counselor. Topics will include: knowledge of primary counseling and psychological theory; edgework with clients, finding process structure through conversational means; therapeutic alliance with clients; client protocols.

Distance: asynchronous
CEU Eligible: Yes
Cost: \$250 (members \$225)
Early Registration: \$225 (members \$200)
Early Registration Deadline: 04/29/2013
PWI Library

Tuesdays, May 14, June 11, July 9, 12:00pm-2:00pm
Presenting to the World: Giving and Receiving Workshops

*Teleconference only
Stan Tomandl, MPW, Dipl. PW, assisted by Ann Jacob, B.Ed

An edges and alligators, nuts and bolts training to help tap deep creativity: (1) negotiate equitably with sponsors and presenters, (2) organize efficiently, (3) promote successfully, (4) plan engaging material, (5) facilitate more spontaneously, (6) preempt potential attacks, (7) turn disturbances into educational processes, (8) utilize technology brilliantly, (9) receive great feedback, (10) attend workshops in a more learning-full, critical, and interactive manner.

Distance: Teleconference only
CEU Eligible: No
Cost: \$120 (members \$108)
Early Registration: \$108 (members \$96)
Early Registration Deadline: 04/30/2013
N/A

Thursdays, May 16, 23, 30, June 6, 6:30pm-8:30pm
Designing, Delivering and Facilitating Learning, Series 3: One-to-One Coaching & Supervising

*This series can be taken alone or in conjunction with series 1 and/or 2.

Julie Diamond, Ph.D.

Working as supervisors, advisors, mentors or coaches involves working with the learner's self-awareness, learning style, edges and resistance, personal history, as well on with our own rank awareness. Being entrusted to support someone's learning in such an intimate context gives us authority that has to be legitimized, not just once, but in each encounter. This series will focus on how to use coaching skills, edge work and rank awareness in our roles as supervisors, advisors and coaches.

Distance: asynchronous distance class

CEU Eligible: Yes
Cost: \$160 (members \$144)
Early Registration: \$144 (members \$128)
Early Registration Deadline: 05/02/2013
PWI Big Room

Fridays, May 17 + 24, 3:30pm-6:30pm
Inner Work's Mystery, Practice, Supervision and Experiments
Army Mindell, Ph.D.

Recognize the particular nature of your own style of inner work, with reference to different traditions, channels of expression and applied to biggest momentary problem. Do you sit and meditate or do you watch people at the outdoor cafe? Each has her own style! If you do inner work all night, why not do more during the day? May 17 - Following what's secondary in personal work. May 24 - Inner work as outer public conversation.

Distance: video streaming, teleconference, audio
CEU Eligible: Yes
Cost: \$120 (members \$108)
Early Registration: \$108 (members \$96)
Early Registration Deadline: 05/03/2013
PWI Big Room

Wednesdays, May 22, 9:15am-12:15pm and May 29, 9.30am-12.30pm
Your Unique Style and Dreaming Nature as Therapist/Facilitator
Army Mindell, Ph. D.

In this class we'll continue to explore special aspects of your unique style and creative nature as a therapist/facilitator/coach, etc. Through discussions and exercises we'll explore such questions as: How does nature speak through you? What special style and dreaming is trying emerge in your work and how does it enhance your learned skills?

Distance: Teleconference
CEU Eligible: Yes
Cost: \$120 (members \$108)
Early Registration: \$108 (members \$96)
Early Registration Deadline: 05/08/2013
May 22 PWI Library, May 29 PWI Big Room

Friday, May 24, 7:30pm-9:30pm
Case Crystallization: Severe Illness, Near Death, One to One, Family, Organizations
*Open to everyone
Army Mindell, Ph.D.

Open to the Public. Focus on inner development and outer work with severe illness and near death, then one to one, family, and organizational situations.

Distance: video streaming, teleconference, audio
CEU Eligible: Yes
Cost: \$40 (members \$36)
Early Registration: \$36 (members \$32)
Early Registration Deadline: 05/10/2013
PWI Big Room

Saturday, Sunday, Monday - May 25, 26, 27,
9.30am-12.30pm + 3.00-6.00pm

Coma Work Intensive

* Prerequisite: Familiarity with Process Work.

Gary Reiss, Ph.D.

Not an introductory class. Assumes knowledge and more than a beginning competency with PW basics. Many of us will be touched by coma directly or indirectly. Process Work has developed incredible tools for connecting with and facilitating the transformative journey through coma. These tools apply to anyone in a deep internal state. The bodywork techniques are applicable to anytime we are working with someone and relying only on non-verbal feedback. Come learn the basics of coma work, sentient interventions, and how to work with involved family and medical systems.

Distance: N/A
CEU Eligible: Yes
Cost: \$360 (members \$324)
Early Registration: \$324 (members \$288)
Early Registration Deadline: 05/10/2013
PWI Big Room

Tuesdays, May 28 + June 4, 6:30pm-9:00pm
Dreaming the Movies
Will Hall, MA, Dipl. PW

George Lucas acknowledged Carl Jung's vital influence on "Star Wars," but what light can Process Work shine on film storytelling? In this two-night cinematic extravaganza, explore Howard Hawks' "Bringing Up Baby," Martin Scorsese's "Hugo" and Byambasuren Davaa's "Story of the Weeping Camel." Come study amazing scenes, learn basic film concepts and try out imaginative tools to blur the boundary between audience and screen to become the movies you love. (Watch these great films online first!)

Distance: N/A
CEU Eligible: No
Cost: \$100 (members \$90)
Early Registration: \$90 (members \$80)
Early Registration Deadline: 05/14/2013
PWI Library

Friday, May 31, 7:30pm-9:30pm
Case Crystallization for Groups and Organizations
*Open to everyone
Army Mindell, Ph.D.

Open to the public. Focus on inner development and outer work-understanding with all stakeholders in family, organizational, and political systems. If time, families, one to one, illness...

Distance: video streaming, teleconference, audio
CEU Eligible: Yes
Cost: \$40 (members \$36)
Early Registration: \$36 (members \$32)
Early Registration Deadline: 05/17/2013
PWI Big Room

Saturday, June 1, 10:00am-5:00pm

Creative Doorways: A Simple Arts Toolkit for Working with Children

Suzette Payne MA, Dipl. PW, Kara Wilde, MA, Dipl. PW, and Cindy Trawinski, Psy.D., Dipl. PW

We will explore the creative expression of a child's disturbing or challenging experience through art making. Using art, movement, feeling and sound we will unfold the experience and make it useful for the child and family. For parents and therapists.

Distance: N/A

CEU Eligible: Yes

Cost: \$120 (members \$108)

Early Registration: \$108 (members \$96)

Early Registration Deadline: 05/17/2013

PWI Big Room

Saturday, June 8, 10:00am-5:00pm

Working Effectively With Suicidal Feelings
Will Hall, MA, Dipl. PW

Shrouded in taboo and judgment, suicidal feelings are more common than we realize. Not a symptom of disease, the urge to die is often a need for change conflicting with a sense of powerlessness. How can we support others - and how do we respond to these feelings in ourselves? Discover latest research and learn practical tools. Clinicians, students, people who have struggled with suicidal feelings, family, and others welcome. *Co-sponsored by Portland Hearing Voices.*

Distance: N/A

CEU Eligible: No

Cost: \$120 (members \$108)

Early Registration: \$108 (members \$96)

Early Registration Deadline: 05/24/2013

PWI Big Room

Portland Hearing Voices organizes support groups, public education, continuing education trainings and counseling resources for people experiencing unusual and extreme states of consciousness, and explores the positive, spiritual and creative sides of experiences sometimes diagnosed as psychiatric disorders.

Mental Health Association of Portland is an independent peer-led advocacy agency working for change by giving voice to people diagnosed with mental illness and addiction, including police accountability and community alternatives.

Thursdays, June 13, 20, 27, 6:30pm-8:30pm

Exploring Body Image

Annie Blair, MA, Dipl. PW and Chris Allen, Ph.D.

Many of us find particular types of bodies appealing and other types unappealing. We often suffer because we reject parts of our own body and long for different ones. In this class, we will use Process Work methods to explore the deeper aspects of what we are drawn to and what we find disturbing. Within an atmosphere of respect and curiosity, we will use inner work, discussion, art and movement to uncover the creativity and meaning in our experiences. Open to all.

Distance: N/A

CEU Eligible: Yes

Cost: \$120 (members \$108)

Early Registration: \$108 (members \$96)

Early Registration Deadline: 04/30/2013

PWI Big Room

Friday, June 14, Half Day Class and Open Forum,
12:00pm-9:00pm

Health-In-Sickness & Sickness-In-Health

Pierre Morin, Ph.D.

A process-oriented health model embraces disease, sickness and injury as part of health and fitness. In the class we will experiment with using our symptoms to improve overall health and well-being. The forum will explore individual and community aspects of health.

Distance: N/A

CEU Eligible: Yes

Cost: \$160 (members \$144)

Early Registration: \$144 (members \$128)

Early Registration Deadline: 05/3/2013

PWI Big Room

Friday, June 21, 6:00-9:00pm, Saturday, June 22, 10:00am-3:00pm, Sunday, June 23, 10:00am-1:00pm

Rising Above the Clouds: Realizing Your Greatest Potential

Jennifer Kleskie, MA, Dipl. PW

This course is designed to identify obstacles that are keeping you from finishing a project or completing a goal, initiating an endeavor or determining if you are on the path you want to be in life. This weekend workshop is designed to help you get more out of life and go further in the direction that will allow you to feel more satisfied in your life.

Distance: teleconference

CEU Eligible: No

Cost: \$200 (members \$180)

Early Registration: \$180 (members \$160)

Early Registration Deadline: 05/08/2013

PWI Big Room

Friday, July 12, 6:00-9:00pm, Saturday, July 13, 10:00am-3:00pm, Sunday, July 14, 10:00am-1:00pm

In the Heart of Diversity & Conflict: Developing Tools for Mastery

Jennifer Kleskie, MA, Dipl. PW

This weekend workshop is designed to address situations where challenging issues about race, class, gender, sexual orientation or identity, health or other areas of privilege versus marginalization were the topic of discussion or the central issue of a conflict. Maintaining a sense of one's self, and the other while navigating the terrain will be the focus of this course.

Distance: teleconference

CEU Eligible: No

Cost: \$200 (members \$180)

Early Registration: \$180 (members \$160)

Early Registration Deadline: 05/30/2013

PWI Big Room

COURSE REGISTRATION FORM

Please complete this form, sign it, and mail or fax it to the Process Work Institute. It is also available on the PWI website as a Word document which you can fill out and then print.

Process Work Institute

2049 NW Hoyt
Portland OR 97209

phone: 503-223-8188
fax: 503-227-7003
email: pwi@processwork.org

Full name (if using a credit card, as it appears on your credit card):

Mailing address (if using a credit card, use the address its bills are sent to):

Address: _____

City: _____ State: _____ Zip: _____

Phone number: _____

Email address: _____

Is this your first course at PWI: _____

Are you a PWI degree seeking student: _____

Are you a PWI member or diplomate: _____

Classes you wish to register for

If the course is available as a distance version as well as local (either audio files or teleconference), please indicate if you want that in the last column.

Class name	dates	cost	distances
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

If paying by credit card, please fill in the below information, otherwise include a check for the full amount made payable to Process Work Institute.

Credit card #: _____

Expiration date: _____ Security code on the back: _____

Please sign below

I agree to assume full responsibility for participation in these courses and all that I experience. And I agree to abide by the confidentiality policy governing PWI classes.

Signature _____ Date _____



**PROCESS
WORK**
INSTITUTE

2049 NW Hoyt Street
Portland, OR 97209 USA
Phone: 503-223-8188
Fax: 503-227-7003

www.processwork.org